

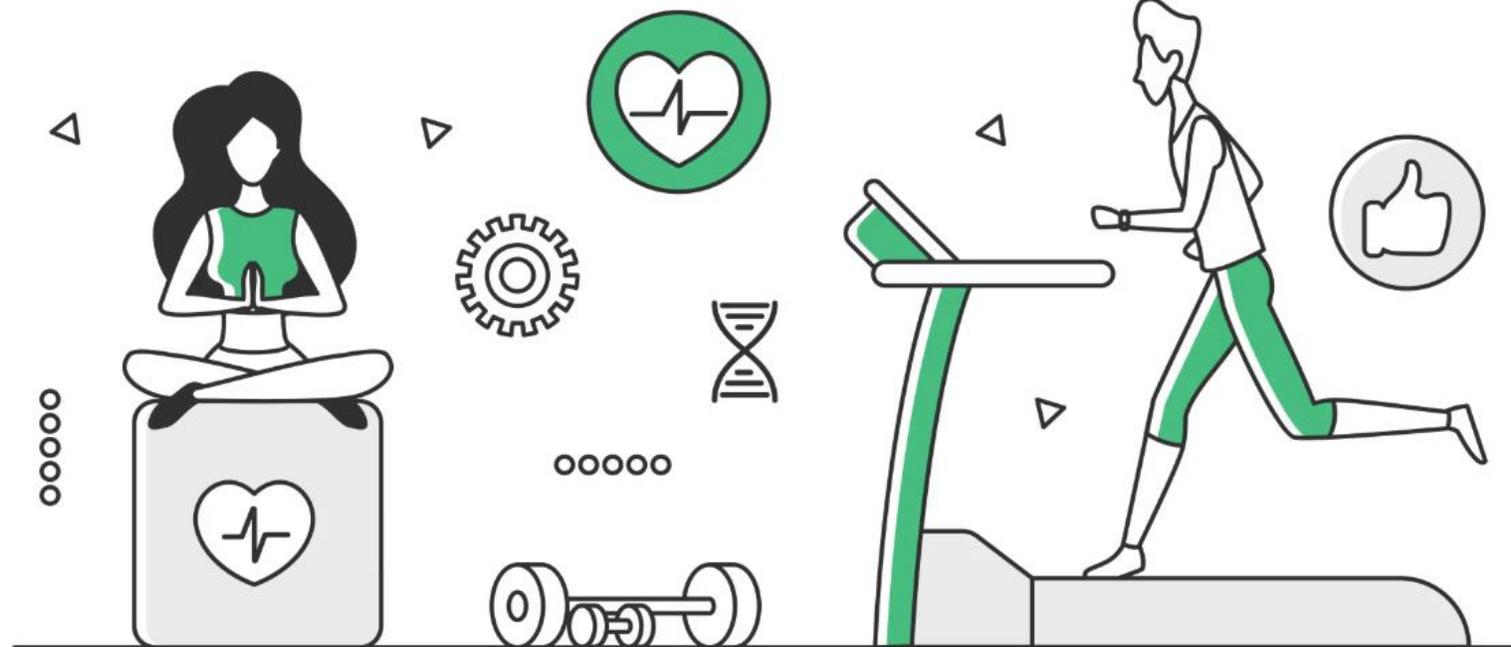
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SDG 3: GOOD HEALTH AND WELL-BEING

Campus Health

- Student health services
- Mental health support – The Counseling Unit provided 922 sessions for students in 2024. 15 workshops were delivered to promote the overall well-being of KU students.
- Wellness programs were conducted



GOOD HEALTH
AND WELL-BEING

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GOOD HEALTH
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Community Health Public health education

A segment towards public and general health was dedicated to KU community during our Environment, health and safety Exhibition in April 2024.

It included topics on nutrition, mental health, public health and much more.

HEALTHCARE PARTNERSHIPS

Medical outreach

3 health events were planned and conducted for KU community:

Breast Cancer awareness

In collaboration with Advance Cure Clinics, a breast cancer awareness event was conducted on Tuesday October 15th

- Health check-up for KU members was offered
- 55 persons engaged in a game
- Giveaways including handmade gifts by the University's crochet club and cookies were distributed
- An educational session by an oncologist and a breast cancer survivor was attended by 86 persons

Flu Vaccine

Over the course of 2 days, SEHA in collaboration with KU, successfully vaccinated 196 persons against the seasonal flu

- 13 number of Thiqa holders completed a comprehensive health screening

Blood Donation

Over the course of 2 days, SEHA in collaboration with KU, successfully collected 72 units of blood from our students, staff and faculty with only 15 deferrals.

- Each unit can save up to 3 lives, in other words KU community will help save up to 216 lives.
- A total of 12 student volunteers assisted in organizing the campaign

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GOOD HEALTH
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