



FAQs _ Sports

1. Do you have Sport teams on campus?

Yes, we have male and female sport teams in Football, Basketball, Volley-ball, Badminton and Chess. We also have Jujitsu and Table Tennis in addition to Cycling team equipped with the latest cycling gear.

2. Do your Sport teams participate in university tournaments?

Yes, our sport teams are strong competitors in the intercollegiate tournament Abu Dhabi Inter-University Sports League (ADISL).

3. What are the sports activities you do for students on campus?

- Try outs for Sports Teams
- Freshman Tournament
- Fitness Challenge
- KU Tournament
- Ramadan Tournament

4. How can I join KU sports team?

You have to attend the tryout to each sport happening at the beginning of every semester.

5. What sport facilities do you have on campus and in the Residences?

- State-of-the-art gym facilities that are gender based that offer periodic fitness classes.
- An indoor multipurpose court for training and indoor competitions.
- A track field.

In Sas Al Nakhl Campus Male Residences we have:

- Outdoor Football courts
- Gym

In KU Residence Hall and Umm Lulu we have:

- Gym

In Masdar City Residences we have:

- Gym

6. Do you have professional trainers that support sports and fitness?

Yes, we have both male and female professional trainers and coaches.

7. Can I reserve courts within KU Sport facilities?

Yes, you have to send email ku-gym@ku.ac.ae with your booking details.

8. Do you offer daily training sessions?

Yes, every beginning of the semester a training schedule for the various sports is shared with students.

9. Whom shall I contact if I have further questions regarding sports? You can contact Mr. Ahmed Alghalabi from Campus Life at **ahmed.alghalabi@ku.ac.ae**